



## COURSE OUTLINE: CYC300 - FAMILY DYNAMICS

Prepared: Child and Youth Care Faculty

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	CYC300: FAMILY DYNAMICS
<b>Program Number: Name</b>	1065: CHILD AND YOUTH CARE
<b>Department:</b>	CHILD AND YOUTH WORKER
<b>Semesters/Terms:</b>	18F
<b>Course Description:</b>	In this course, students examine various evidence-based methodologies and review a representative sampling of family interventions. The course has a practical orientation as various aspects of parenting within the present societal demands of family life are explored. A focus on interventions geared specifically to building strengths within the family is a key component of the course. Social factors impacting families will also be reviewed.
<b>Total Credits:</b>	3
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	45
<b>Prerequisites:</b>	There are no pre-requisites for this course.
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>Substitutes:</b>	CYW302
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>1065 - CHILD AND YOUTH CARE</b>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	VLO 1 Develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity.
	VLO 2 Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.
	VLO 3 Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.
	VLO 4 Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.
	VLO 5 Advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts.
	VLO 6 Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.
	VLO 7 Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.
	VLO 8 Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.



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**Essential Employability Skills (EES) addressed in this course:**

- EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 50%, D

**Books and Required Resources:**

Working with Families: An Integrative Model by Level of Need by Kilpatrick, A and Holland, P  
 Publisher: Allyn and Bacon, Toronto Edition: 5th Edition, 2008  
 ISBN: 978-0205673926

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Develop and maintain relationships with children, youth and their families applying principles of relational practice and respecting their unique life space, cultural and human diversity.	1.1 Use communication skills and engagement strategies to promote positive relationships, understanding and trust with the children, youth and their families 1.2 Promote resiliency in children, youth and their families by assisting them to identify strengths and needs 1.3 Use empowerment strategies to support the development of decision making and independence 1.4 Interact in a professional manner as guided by the professional code of ethics, current legislation affecting services, and organizational policies and procedures
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Develop greater self-discovery using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.	2.1 Assess professional skills, knowledge and personal well-being in an ongoing manner and reflect on the impact of these factors on ones own practice 2.2 Use reflective tools to learn from and gain insight from interaction with children, youth, families and colleagues 2.3 Examine the impact of self on others and ensure that interactions are consistent, constructive and positive 2.4 Identify and consider how personal values, beliefs, opinions and ones own social location and experiences may impact interactions with children, youth, families and colleagues
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Plan, implement and	3.1 Assess with other professionals therapeutic programs,

	<p>evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.</p>	<p>approaches and resources that respond to identified areas of need and strengths for children, youth and their families  3.2 Plan, implement and adapt activities of daily living consistent with the interests, developmental level and the cultural practices of children, youth and their families.  3.3 Identify, locate and evaluate community resources for programs and activities for children, youth and their families.  3.4 Lead and facilitate family group work sessions, (in a lab context) incorporating knowledge of group process, negotiation, conflict resolution skills and awareness of community resources as they apply to families.</p>
	<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
	<p>4. Apply communication and organizational skills within the inter-professional team and with community partners to enhance the quality of service in child and youth care practice.</p>	<p>4.1 Establish and maintain positive relationships within a team environment that reflect cooperation and professionalism as determined by ethical standards, organizational policies, and current legislation  4.2 Develop and apply organizational and time management skills  4.3 Plan and implement, clear, concise written, oral and electronic communications for diverse individuals, families and groups using anti-oppression language  4.4 Select and use technologies to document all relevant information related to professional role and responsibility (i.e., completing written reports, preparing presentations, completing electronic forms, etc.)  4.5 Evaluate the results of the communication and adapt communication as necessary to promote understanding.  4.6 Explain complex concepts in ways that are understandable for and respectful of diverse individuals and groups</p>

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight	Course Outcome Assessed
1. Skill Development	20%	2, 3, 7, 8
2. Assignments	50%	1 - 5
3. Tests	30%	2, 3, 5, 6

**Date:**

July 3, 2018

Please refer to the course outline addendum on the Learning Management System for further information.

